

# No Cell Phone or Data? Call DRC.

*We can help you get access to the web.*

Telehealth and online appointments are going to stay for a while. Visual contact with family and friends can help our mental health. Check out a new program we have that can help you expand your access to be connected at no cost to you.

## 712-255-1065



**Disabilities Resource Center of Siouxland**

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